

SCIENCE • INNOVATION • QUALITY • RESULTS

ALLMAX<sup>®</sup>  
ESSENTIALS



## • PROFESSIONAL GRADE SUPPLEMENTS •

ALLMAX Glutamine uses Glutamine crystals made from a natural fermentation process. This state-of-the-art process creates a unique, purified and isolated Glutamine ideal for supplementation.

Glutamine is the most abundant amino acid found in muscle tissue. During times of stress, including exercise and athletic events, Glutamine is one of the first amino acids to be oxidized. Supplementation with Glutamine may help to support muscle Glutamine levels, prevent muscle tissue breakdown and increase recovery.\*



**THE GLUTASURE™ ADVANTAGE:** ALLMAX Glutamine uses a proprietary hyper-particulation process called GLUTASURE™ technology. GLUTASURE™ is a pressure driven ceramic membrane process that 1) Decreases Glutamine particle size

2) Increases Glutamine suspension time in liquid 3) Speeds Glutamine absorption into the bloodstream\*



**CLEAN FOR ATHLETES. BANNED SUBSTANCE TESTED.** This product has been skip-lot tested for banned substances for the assurance of athletes and supplement users under the Informed Choice program. For further information about the testing process and test results, please visit [www.CleanForAthletes.com](http://www.CleanForAthletes.com).



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# GLUTAMINE

- + FERMENTATION DERIVED GLUTAMINE
- + INCREASES RECOVERY\*
- + IMPROVES IMMUNE FUNCTION\*



Net Wt 14.11 oz (400 g)

400 G

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Scoop (5 g)

Servings Per Container 80

Amount Per Serving	% Daily Value
L-Glutamine (Free-Form) 5 g	†

† Daily Value not established.

**DIRECTIONS:** Mix 1 scoop (5 g) of ALLMAX Glutamine in water or juice once daily. For training sessions and athletic events, take ALLMAX Glutamine approximately 30 minutes prior to training and immediately after training to help prevent muscle tissue breakdown and aid muscle recovery.\* At times when you are not training, mix 1 scoop (5 g) of ALLMAX Glutamine in water or juice approximately 45-60 minutes prior to meals. To increase the benefit of other supplements, ALLMAX Glutamine can be mixed into Protein Shakes such as ISOFLEX® and during training with CARBION+™ and AMINOCORE™.

**WARNINGS:** Consult a healthcare practitioner prior to use if you are following a low protein diet. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding or taking any prescription medications. Not for use by persons under the age of 18. Store in cool, dry place. Do not use if inner seal is broken. KEEP OUT OF REACH OF CHILDREN.

**CALIFORNIA WARNING:** Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**ALLERGEN WARNING:** Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

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[ALLMAXNUTRITION.COM](http://ALLMAXNUTRITION.COM)

Made in USA  
with domestic  
and imported  
ingredients

