

LEAN MASS GAINS: OVER 1,000 CALORIES PER SERVING!

1010 CALORIES
PER 4 SCOOPS

UNIVERSITY RESEARCH-BASED SCIENCE FOR MAXIMUM MASS:
QUICKMASS® Packs 1010 MASS-BUILDING CALORIES into every serving in cold water, no milk required! During one 8-week Gold-Standard (double blind, placebo-controlled) study conducted at California State University, test subjects provided with the same calorie content as 2 servings of QUICKMASS® per day gained 4.5 times as much fat-free mass and increased chest size by 1 inch.

MASSPRO™

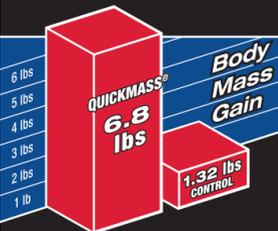
64 G of SUSTAINED RELEASE PROTEIN TO BUILD MASS:
MASSPRO™ creates a rapid and sustained delivery of MUSCLE-BUILDING proteins that work continuously all day to help you RECOVER and GROW. Power up your MUSCLE PROTEIN SYNTHESIS and FUEL your LEAN MASS GAINS!

Carb Plex™

OPTIMAL 3:1 CARB TO PROTEIN RATIO:
CARBPLEX™ provides the calories your body needs to grow ALL DAY! CARBPLEX™ absorbs up to 20 times more slowly than sugar providing the ultimate MASS FUEL for your gains! The QUICKMASS® carbohydrate blend is powered by healthy long-chain and complex carbohydrates such as sweet potato, rolled oats and quinoa along with scientifically studied and tested carbs like Cyclo-D and Soluble Corn Fibre, a natural prebiotic.

3:1 CARB:PRO

GAIN IN TOTAL BODY MASS IN 8 WEEKS



In a GOLD-STANDARD 8-WEEK study performed at California State University, test subjects consuming the nutrient equivalent in 2 servings of QUICKMASS® daily, gained an average of 6.8 lbs of Total Body Mass.

UNSURPASSED ALLMAX QUALITY GUARANTEE

UNSURPASSED: THE ALLMAX® QUALITY GUARANTEE
Every ingredient added and every lot produced is laboratory tested for purity and potency to ensure consistent product quality and integrity every time, guaranteed. QUICKMASS® goes through the exclusive ALLMAX® 5-Step Quality Testing protocol. In fact, we're so confident in the quality of our product that it's completely guaranteed. Test our product, we guarantee it passes every time or we pay for your testing and refund your purchase. You won't find anyone else willing to stand behind their product with this guarantee.
INÉGALÉ: LA GARANTIE DE QUALITÉ ALLMAX®
Chaque ingrédient ajouté et chaque lot produit sont testés en laboratoire afin d'assurer leur pureté et leur puissance de manière à assurer un produit de qualité uniforme et intégré à chaque fois, c'est garanti. QUICKMASS® passe par le protocole exclusif de test de qualité en cinq étapes ALLMAX®. En réalité, nous sommes si confiants de la qualité de notre produit qu'il est entièrement garanti. Essayez notre produit, nous vous garantissons qu'il passera à chaque fois ou nous payons votre essai et remboursons votre achat. Vous ne trouverez personne d'autre prêt à défendre son produit selon cette garantie.

ALLMAXNUTRITION.com

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All trademarks are the property of their respective owners. / Les marques commerciales sont la propriété de leurs propriétaires respectifs.
Made in USA with domestic and imported ingredients. / Fabriqué au USA avec des ingrédients nationaux et importés.

CLEAN FOR ATHLETES
BANNED SUBSTANCE TESTED

ALLMAX®

SCIENCE • INNOVATION • QUALITY • RESULTS

AM PM POST

64 GRAMS PROTEIN
1 PER 4 SCOOP SERVING

RAPID MASS GAIN CATALYST

QUICKMASS®
University-Based LEAN MASS Research

- Gain Lean Body Mass Fast
Obtenez une Masse Corporelle Maigre Rapide
- 1010 Nutrient-Dense Calories
1010 Calories en Nutriments Riche
- 24 Added Vitamins and Minerals
24 Vitamines et Minéraux Ajoutés

1010 CALORIES | **LAB TESTED EVERY LOT** | **3:1 CARB:PRO**

3.5 LBS | Powder / Poudre
Net Wt / Poids 1.59 kg



Chocolate Peanut Butter
Natural & Artificial Flavours

CGMP LAB TESTED
CHOICE OF CHAMPIONS
BANNED SUBSTANCE TESTED

RECOMMENDED DOSE: Adults – Take 1 scoop 4 times per day. Mix or shake 1 scoop of powder with approx. 125 ml cold water or low-fat milk immediately before consumption.
DOSE RECOMMANDÉE : Adultes – Prendre 1 cuillère 4 fois par jour. Mélanger ou secouer 1 doseur de poudre avec env. 125 ml d'eau froide ou de lait écrémé immédiatement avant consommation.

Nutrition Facts / Valeur nutritive	Per 4 Scoops (265 g) / par 4 cuillères		Per 1 Scoop (65 g) / par 1 cuillère	
	Amount Teneur	% DV* % VO*	Amount Teneur	% DV* % VO*
Calories	1010		250	
Fat / Lipides	8 g	11%	2 g	3%
Saturated / saturés	5 g	10%	1.3 g	3%
+ Trans / trans	0 g	25%	0 g	7%
Carbohydrate / Glucides	172 g	43%	43 g	4%
Fibre / Fibres	4 g	14%	1 g	4%
Sugars / Sucres	12 g	12%	3 g	3%
Protein / Protéines	64 g	16%	16 g	
Cholesterol / Cholestérol	180 mg	45 mg	45 mg	3%
Sodium	240 mg	10%	60 mg	3%
Potassium	560 mg	12%	140 mg	3%
Calcium	560 mg	43%	140 mg	11%
Iron / Fer	6.4 mg	36%	1.6 mg	9%
Vitamine A (as par Vitamine A Palmate)	360 mcg RAE	40%	90 mcg RAE	10%
Vitamine C (as par Ascorbic Acide)	100 mg	111%	25 mg	28%
Vitamine D (as par Cholecalciferol)	10 mcg	20%	2.5 mcg	13%
Vitamine E (as par dl-Alpha Tocopheryl Acetate)	10 mg AT	67%	2.5 mg AT	17%
Thiamine (as par Thiamine Hydrochloride)	1.6 mg	133%	0.4 mg	33%
Riboflavine (as par Riboflavine)	1.6 mg	123%	0.4 mg	31%
Niacin (as par Niacinamide)	20 mg	125%	5 mg	31%
Vitamine B6 (as par Pyridoxine HCl)	2 mg	118%	0.5 mg	29%
Folate	433 mcg DFE	108%	108 mcg DFE	27%
Vitamine B12 (as par Methylcobalamin)	8.8 mcg	357%	2.2 mcg	92%
Biotin (as par Biotin)	50 mcg	167%	12.5 mcg	42%
Pantothenic Acide (as par Calcium D-Pantothenate)	6 mg	120%	1.5 mg	30%
Phosphore (as par Phosphate)	360 mg	29%	90 mg	7%
Iodine / Iode (as par Potassium Iodide)	76 mcg	51%	19 mcg	13%
Magnesium (as par Magnesium Oxide)	180 mg	43%	45 mg	11%
Zinc (as par Zinc Oxide)	11.4 mg	93%	2.9 mg	23%
Selenium (as par L-Selenomethionine)	48 mcg	87%	12 mcg	22%
Copper / Cuivre (as par Copper Gluconate de cuivre)	1.6 mg	178%	0.4 mg	44%
Manganese (as par Manganese Gluconate)	2 mg	87%	0.5 mg	22%
Chromium / Chrome (as par Chromium Picolinate de chrome)	32 mcg	91%	8 mcg	23%
Molybdenum / Molybdène (as par Molybdenum amino acid Chelate)	76 mcg	169%	19 mcg	42%

MEDICINAL INGREDIENTS: MASS COMPLEX (Medium and Long Chain Maltodextrin Complex, Cyclo-D™ (Highly-Branching Cyclodextrin), Waxy Maize Starch, Sweet Potato Powder, Oat Fibre, Quinoa Flour), **PROTEIN BLEND** (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate), **PREBIOTIC** (Soluble Corn Fibre), **ENZYME BLEND** (Protease, Bromelain) / **INGRÉDIENTS MÉDICINAUX: Complexe de Masse** (Complexe de maltodextrine à chaîne moyenne et longue, Cyclo-D™ (Dextrine cyclique très ramifiée), amidon de maïs creux, poudre de patate douce, fibre d'avoine, farine de quinoa), **Mélange de Protéines** (Concentré protéine de lactosérum, isolat protéine de lait, isolat protéine de lactosérum), **Prébiotique** (Fibre de maïs soluble), **Mélange d'Enzyme** (Protéase, Bromélaïne).

NON-MEDICINAL INGREDIENTS: Cocoa Powder, Natural & Artificial Flavours, Peanut Flour, Coconut Creamer (Coconut Oil, Soluble Corn Fibre, Sodium Caseinate, Sunflower Lecithin, Silicon Dioxide), Soy Lecithin, Silicon Dioxide, Sucralose, Coconut Milk Powder.
Ingrédients non médicinaux: Poudre de cacao, saveurs naturels et artificiels, farine d'arachide, crèmeuse de noix de coco (huile de noix de coco, fibre de maïs soluble, caséinate de sodium, lécithine de tournesol, dioxyde de silicium), lécithine de soja, dioxyde de silicium, sucralose, lait de coco en poudre.

* Due to natural variations in product density, resulting from settling and/or humidity, the values are approximate. Shake product before use. Product is sold by weight and serving size is on an "as dry" basis. / En raison des variations naturelles de la densité du produit, résultant de la sédimentation et/ou de l'humidité, les valeurs sont approximatives. Agiter le produit avant utilisation. Le produit est vendu au poids et la taille de la portion est sur une base "sèche".

PROTEIN PROFILE / Profil de Protéines
Per 4 Scoop Serving / par 4 cuillères portion

100% COMPLETE WHOLE PROTEIN SOURCE / SOURCE DE PROTÉINE ENTÈRE COMPLÈTE A 100%
• ZERO NON-PROTEIN AMINO ACIDS / AUCUN ACIDE AMINÉ NON PROTÉINÉ

Essential Amino Acids (EAA)	
Branched-Chain Amino Acids (BCAA)	
L-Leucine	6540 mg
L-Valine	3980 mg
L-Isoleucine	4380 mg
L-Histidine	1180 mg
L-Lysine	5900 mg
L-Methionine / Methionine	1370 mg
L-Phe / Phenylalanine / Phénylalanine	2020 mg
L-Threonine / Thréonine	4700 mg
L-Tryptophan	1240 mg
L-Alanine	3280 mg
L-Arginine	1610 mg
L-Aspartic Acid / Acide aspartique	6130 mg
L-Cysteine / Cystéine	1320 mg
L-Glutamic Acid / Acide glutamique	10450 mg
L-Glutamine	1200 mg
L-Proline	4080 mg
L-Serine / Sérine	2740 mg
L-Tyrosine	1830 mg

Typical Amino Acid Profile is naturally occurring from 100% Whole Protein Sources and may vary slightly.

WARNINGS: Use only as directed. This product is to be used by adults only. This product contains no glycosaminoglycans. Consult a health care practitioner prior to use if you are pregnant or breastfeeding. If you have had a kidney disease, gastrointestinal kidney/liver, are taking anticoagulant agents or anti-inflammatory agents or are taking aspirin or if you have had kidney failure, kidney stones, or if you are taking any prescription medication, consult a health care practitioner. Ensure to take with food, a few hours before or after taking other medications or natural health products. Hypersensitivity/allergy has been known to occur in which case discontinue use. Stop use if hypersensitivity/allergy, nausea, vomiting or diarrhea occurs. This product provides 20 mg of Sodium per 4 scoops. Do not use if you are on a low sodium diet. Do not use if pregnant, breastfeeding, or if you are taking any medication. Consult a health care practitioner. 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