

**LEAN MASS GAINS: OVER 1,000 CALORIES PER SERVING!**

**1010 CALORIES**  
PER 4 SCOOPS

**UNIVERSITY RESEARCH-BASED SCIENCE FOR MAXIMUM MASS:**  
QUICKMASS® Packs 1010 MASS-BUILDING CALORIES into every serving in cold water, no milk required! During one 8-week Gold-Standard (double blind, placebo-controlled) study conducted at California State University, test subjects provided with the same calorie content as 2 servings of QUICKMASS® per day gained 4.5 times as much fat-free mass and increased chest size by 1 inch.\*

**MASSPRO™**

**64 G of SUSTAINED RELEASE PROTEIN TO BUILD MASS:**  
MASSPRO™ creates a rapid and sustained delivery of MUSCLE-BUILDING proteins that work continuously all day to help you RECOVER and GROW. Power up your MUSCLE PROTEIN SYNTHESIS and FUEL your LEAN MASS GAINS!\*

**Carb Plex™**

**OPTIMAL 3:1 CARB TO PROTEIN RATIO:**  
CARBPLEX™ provides the calories your body needs to grow ALL DAY! CARBPLEX™ absorbs up to 20 times more slowly than sugar providing the ultimate MASS FUEL for your gains! The QUICKMASS® carbohydrate blend is powered by healthy long-chain and complex carbohydrates such as sweet potato, rolled oats and quinoa along with scientifically studied and tested carbs like Cyclo-D and Soluble Corn Fiber, a natural prebiotic.\*

**3:1 CARB:PRO**

**UNSURPASSED ALLMAX QUALITY GUARANTEE**

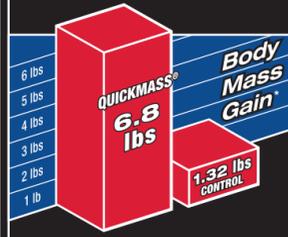
**UNSURPASSED: THE ALLMAX® QUALITY GUARANTEE**  
Every ingredient added and every lot produced is laboratory-tested for purity and potency to ensure consistent product quality and integrity every time, guaranteed. QUICKMASS® goes through the exclusive ALLMAX 5-Stage Quality Testing protocol. In fact, we're so confident in the quality of our product that it's completely guaranteed. Test our product, we guarantee it passes every time or we pay for your testing and refund your purchase. You won't find anyone else willing to stand behind their product with this guarantee.

**ALLMAXNUTRITION.com**

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\* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**GAIN IN TOTAL BODY MASS IN 8 WEEKS\***



In a GOLD-STANDARD 8-WEEK study performed at California State University, test subjects consuming the nutrient equivalent in 2 servings of QUICKMASS® daily, gained an average of 6.8 lbs of Total Body Mass.\*

**CLEAN FOR ATHLETES**

**CLEAN FOR ATHLETES. BANNED SUBSTANCE TESTED.**

This product has been skip-lot tested for banned substances for the assurance of athletes and supplement users under the INFORMED CHOICE® program. For further information about the testing process and test results, please visit [www.CleanForAthletes.com](http://www.CleanForAthletes.com).

**CLEAN FOR ATHLETES**  
BANNED SUBSTANCE TESTED

**ALLMAX®**

SCIENCE • INNOVATION • QUALITY • RESULTS

AM PM POST

**RAPID MASS GAIN CATALYST\***

**QUICKMASS®**  
University-Based LEAN MASS Research

- Gain Lean Body Mass Fast\*
- 1010 Nutrient-Dense Calories\*
- 24 Added Vitamins and Minerals

**1010 CALORIES**

**LAB TESTED EVERY LOT**

**3:1 CARB:PRO**

**3.5 LBS | Net Wt 1.59 kg (56 oz)**

**64 GRAMS PROTEIN**  
1 PER 4 SCOOP SERVING

**RECOMMENDED DOSE:** Take 1 scoop 4 times per day. Mix or shake 1 scoop of powder with approx. 125 ml cold water or low-fat milk immediately before consumption.

**Nutrition Facts**

Serving Size: Servings:	Per 4 Scoops (265 g) Per Container -6		Per 1 Scoops (65 g) Per Container -24	
	Amount	% Daily Value	Amount	% Daily Value
<b>Calories</b>	<b>1010</b>		<b>250</b>	
<b>Total Fat</b>	<b>8 g</b>	<b>10%<sup>Δ</sup></b>	<b>2 g</b>	<b>3%<sup>Δ</sup></b>
Saturated Fat	5 g	25% <sup>Δ</sup>	1.3 g	7% <sup>Δ</sup>
<b>Cholesterol</b>	<b>180 mg</b>	<b>60%<sup>Δ</sup></b>	<b>45 mg</b>	<b>15%<sup>Δ</sup></b>
<b>Total Carbohydrate</b>	<b>172 g</b>	<b>63%<sup>Δ</sup></b>	<b>43 g</b>	<b>16%<sup>Δ</sup></b>
Dietary Fiber	4 g	11% <sup>Δ</sup>	1 g	4% <sup>Δ</sup>
Total Sugars	12 g	†	3 g	†
Added Sugars	8 g <sup>Δ</sup>	16% <sup>Δ</sup>	2 g <sup>Δ</sup>	4% <sup>Δ</sup>
<b>Protein</b>	<b>64 g</b>		<b>16 g</b>	
Vitamin A (as Vitamin A Palmitate)	360 mcg RAE	40%	90 mcg RAE	10%
Vitamin C (as Ascorbic Acid)	100 mg	111%	25 mg	28%
Vitamin D (as Cholecalciferol)	10 mcg	20%	2.5 mcg	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	10 mg AI	67%	2.5 mg AI	17%
Thiamin (as Thiamine Hydrochloride)	1.6 mg	133%	0.4 mg	33%
Riboflavin (as Riboflavin)	1.6 mg	123%	0.4 mg	31%
Niacin (as Nicotinamide)	20 mg	125%	5 mg	31%
Vitamin B6 (as Pyridoxine HCl)	2 mg	118%	0.5 mg	29%
Folate	432 mcg DFE (80 mcg DFE as acid)	108%	108 mcg DFE (20 mcg DFE as acid)	27%
Vitamin B12 (as Methylcobalamin)	8.8 mcg	367%	2.2 mcg	92%
Biotin (as Biotin)	50 mcg	167%	12.5 mcg	42%
Pantothenic Acid (as Calcium D-pantothenate)	6 mg	120%	1.5 mg	30%
Calcium (as Tricalcium Phosphate)	556 mg	43%	140 mg	11%
Iron (as Ferrous Gluconate)	6 mg	33%	1.6 mg	9%
Phosphorus (as Tricalcium Phosphate)	360 mg	30%	90 mg	7%
Potassium (as Potassium Bicarbonate)	78 mcg	31%	19 mcg	13%
Magnesium (as Magnesium Oxide)	180 mg	43%	45 mg	11%
Zinc (as Zinc Oxide)	10.4 mg	95%	2.6 mg	24%
Selenium (as L-Selenomethionine)	48 mcg	87%	12 mcg	22%
Copper (as Copper Gluconate)	1.6 mg	118%	0.4 mg	44%
Manganese (as Manganese Gluconate)	2 mg	97%	0.5 mg	22%
Chromium (as Chromium Picolinate)	32 mcg	91%	8 mcg	23%
Molybdenum (as Molybdenum Amino Acid Chelate)	76 mcg	169%	19 mcg	42%
Sodium	240 mg	10%	60 mg	3%
Potassium	560 mg	12%	140 mg	3%

**INGREDIENTS:** MASS COMPLEX (Medium & Long Chain Maltodextrin Complex, Cyclo-D™ (Highly-Branched Cyclic Dextrin), Waxy Maize Starch, Sweet Potato Powder, Gel Fiber, Quinoa Flour), PROTEIN BLEND (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate), PREBIOTIC (Soluble Corn Fiber), ENZYME BLEND (Protease, Bromelain), Natural and Artificial Flavors, Coconut Creamer (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate, Sunflower Lecithin, Silicon Dioxide), Soy Lecithin, Silicon Dioxide, Citric Acid, Natural Color (Beetroot Red (Beta vulgaris, Root Powder), Sucralose, Coconut Milk Powder.

Distributed Exclusively by:  
**HBS INTERNATIONAL CORP.**  
14 Edgewood Drive  
Carmel, NY 10512

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**PROP 65**  
US3001

**QUICKMASS® PROTEIN PROFILE**  
PER 4 SCOOP SERVING

• 100% COMPLETE WHOLE PROTEIN SOURCE\*  
• ZERO NON-PROTEIN AMINO ACIDS

**Essential Amino Acids (EAA)**

Branched-Chain Amino Acids (BCAA)	Amount
L-Leucine	6540 mg
L-Valine	3990 mg
L-Isoleucine	4360 mg
L-Histidine	1180 mg
L-Lysine	5900 mg
L-Methionine	1370 mg
L-Phenylalanine	2020 mg
L-Threonine	4760 mg
L-Tryptophan	1240 mg
L-Alanine	3280 mg
L-Arginine	1610 mg
L-Aspartic Acid	6130 mg
L-Cysteine	1320 mg
L-Glutamic Acid	10450 mg
L-Glycine	1200 mg
L-Proline	4080 mg
L-Serine	2740 mg
L-Tyrosine	1830 mg

Typical Amino Acid Profile is naturally occurring from 100% Whole Protein Sources and may vary slightly.

**WARNINGS:** Use only as directed. This product is to be used by adults only. This product contains milk by-products / derivatives. Consult a health care practitioner for use beyond 6 months. Consult a health care practitioner prior to use if you are pregnant or breast-feeding; if you have liver or kidney disease, gastrointestinal lesions / ulcers, are taking anticoagulant agents or anti-inflammatory agents or are having surgery; or if you have been instructed to follow a low protein diet. If you are taking any prescription medication, consult a health care practitioner. Ensure to adequately hydrate (drink enough fluid) before, during, and after exercise. Take with food a few hours before or after taking other medications or natural health products. Hypersensitivity / allergy has been known to occur, in which case discontinue use. Stop use if hypersensitivity / allergy, nausea, vomiting or diarrhea occurs. This product provides 230 mg of Sodium per day. Store in a cool, dry place. Do not use if inner seal is broken. KEEP OUT OF REACH OF CHILDREN.

**CALIFORNIA WARNING:** Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000075 g of lead. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**ALLERGEN WARNINGS:** Contains Milk (whey), Coconut oil, Wheat, Soy (lecithin). Produced in a facility that also handles egg, peanut, tree nut, sesame, fish, crustacean and shellfish products.

† Due to natural variations in product density, resulting from setting and / or humidity, the values are approximate. Shake product before use. Product is sold by weight and serving size is on an "as dry" basis. Contains a bioengineered food ingredient.